



# Step Note





# はじめに

## PHOTO

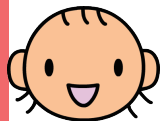
( )

サポートブック「Step Note」は、はじめての出会いのお互いのドキドキを、ちょこっとやわらげる目的で作成しました。

この「Step Note」で紹介する人が家族と過ごす時間のほかに、家族以外の人にお手伝いしてもらって過ごす、家族と過ごす時間とはまたひと味違った豊かな時間の手助けとなることを願っています。

「いつも」の様子、いつもとは違うこんな姿も見せるかもという「予想」、それらを踏まえて、一緒に過ごす人のセンスで同じ時間を過ごすための「ヒント」があります。緊張がほぐれる笑顔の源であるツボも教えちゃいます。

解答集というよりは参考書として、絆を深めるきっかけとして、ご活用いただければ幸いです。



# プロフィール

年 月 日  
うまれ

型 RH + -

年 学校  
組

住所

家族構成



# 障害について

障害名

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障害特性による症状や様子

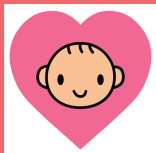
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あるとうれしい配慮

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# 親のねがい



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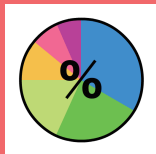


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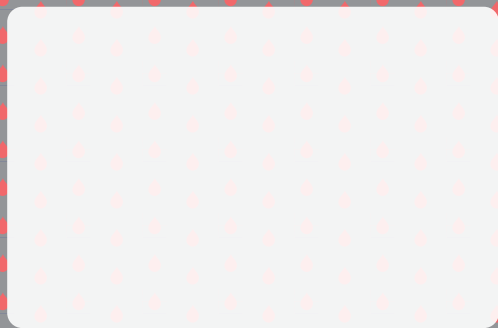


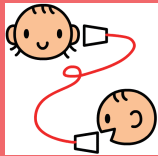
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# 成分表





# コミュニケーション



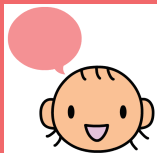
いつも



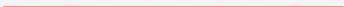
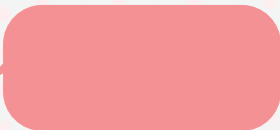
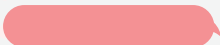
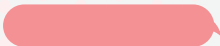
予想



ヒント



# スマイリートーク





スキナ

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スキナ

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スキナ

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スキなもの

ニガテな

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ニガテな

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ニガテな

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ニガテなもの



# 食べる



いつも



予想



ヒント



# トイレ



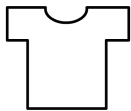
いつも



予想



ヒント



# 着替え



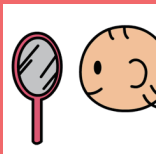
いつも



予想



ヒント



# みだしなみ



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# 入浴



いつも



予想



ヒント



# 睡眠



いつも



予想



ヒント





# マイベスト5

1

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2

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3

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4

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5

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こんなときどうしますか？

とき



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とき



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とき



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名前（間柄または所属）

連絡先



連絡先

1

\_\_\_\_\_

2

\_\_\_\_\_

3

\_\_\_\_\_

4

\_\_\_\_\_

5

\_\_\_\_\_

項目・事柄

情報

1

2

3

4

5



おぼえがき

# もくじ



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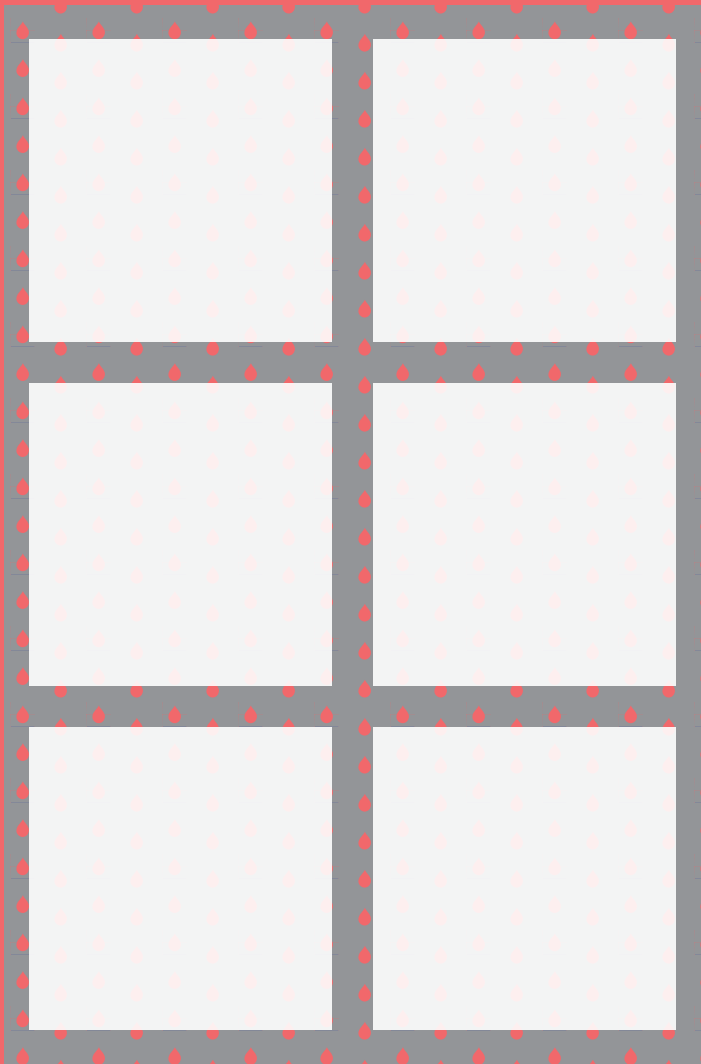
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the 1990s, the number of people in the world who are poor has increased from 1.1 billion to 1.5 billion.

There are many reasons for this. One is that the world's population has grown by 1 billion in the last 20 years. Another is that the world's economy has not grown fast enough to keep up with the population growth.

There are also many reasons why the world's economy has not grown fast enough. One is that the world's resources are being used up too fast. Another is that the world's technology is not being used to its full potential.

There are many things we can do to help solve these problems. One is to use our resources more wisely. Another is to use our technology more effectively.

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はじめに	プロフィール	障害について	親のねがい	成分表	コミュニケーション
スマイルトーク	スキなもの	ニガテなもの	食べる	トイレ	着替え
みだしなみ	入浴	睡眠	マイベスト5	どうする	連絡先
					おぼえがき

